

Yoga at the pool

2024

Saturdays, 10 - 11am
July 13, 20, 27 & August 3



Instructors Marcus Pabellon & Julie Rose will provide 1-hour yoga sessions in the field, focusing on core strength and flexibility.

- FREE for members!
- Non-members \$15 per session = Yoga + Day at the Pool.
Cash only, please!



Remember to bring a yoga mat and water.
Check email for the Intake Form or scan the QR code

Reach out to the board chair of Social Events with any questions,
comments or feedback - celinemclark@gmail.com

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usaipool.org